

# Brain Gym® 170

## For Special Needs Providers

This 32-hour experiential course provides an in-depth study of how to use Brain Gym® with children and adults, with specific adaptations for those who have special needs.

Therapists, teachers, caregivers, and parents will benefit from learning how to **assess** the needs of an individual, **develop** a Brain Gym® program to meet those needs, **evaluate** the effectiveness of the program with ways to **modify** when necessary for best results.

Brain Gym® 170 provides excellent applications for a variety of mental and physical challenges including: sensory integration issues, developmental delays, autism, cerebral palsy, attention deficit disorders (ADD and ADHD), dyslexia, Angelman's Syndrome, Down Syndrome, speech impairment, brain injuries, blindness, deafness and impairments caused by strokes.

In this course, students learn:

- **26 Brain Gym® movements** and modifications for special cases
- **7 Building Block Activities**, which support integration of the nervous system
- **The 5-Step balance process** which targets goals for learning and performance
- **The principles behind Edu-K**

Participants will leave the course with new skills that optimize learning and performance in all areas of life. And they will find that these tools are **immediately applicable** in home, school and therapeutic settings. All who attend will notice a difference in themselves after using Brain Gym for even a short time.



## Janice Fiore

Janice Fiore, MLS, licensed Brain Gym® consultant since 2003, certified to teach Brain Gym® 101, Brain Gym® 170 for special needs providers, Optimal Brain Organization, and

Visioncircles, has 35 years of experience in public education, with degrees from Wells College and Syracuse University. She has a background in education and whole-brain learning. She was an instructor for the Education and Learning Trust of New York State United Teachers, offering graduate courses through the College of St. Rose, Adelphi University, Long Island University and Empire State College. Jan has given workshops on Brain Gym® to teachers and businesses throughout NYS and has a private practice with clients of all ages. She is passionate about sharing tools to help others reach their highest potential.

Visit her website at: [www.brainworksaturally.com](http://www.brainworksaturally.com)

*Special thanks to* Cecilia Koester, MEd, founder of Movement Based Learning, Inc.. Cece is internationally known for her work with children and adults who have special needs. She has worked since 1979 with people of all abilities - from typically functioning to those diagnosed with severe disabilities. She has written two books: *I Am the Child* (1998, 2011) and *Movement Based Learning* (2008, 2012) and two manuals: *Interfacing Brain Gym® with Children Who Have Special Needs* (2006) and *The Building Block Activities* (2013). All of her work clearly demonstrates how to use movement to address complex developmental needs.

Visit her website at: [www.movementbasedlearning.com](http://www.movementbasedlearning.com)



*Brain Works Naturally*

Connect Heart + Brain + Body



Located in Binghamton, NY

**BRAIN GYM® 170 –  
FOR SPECIAL NEEDS  
PROVIDERS**

**“ITS NEVER TOO LATE TO  
ACTIVATE”**

*Taught by Janice Fiore, MLS  
Licensed Brain Gym® Practitioner*

# What is Brain Gym®?

Brain Gym® is a unique program of physical activities that synchronizes body and mind to enhance learning and achievement for people of all ages and abilities! The foundational activities and methods of Brain Gym® are safe, easy and enjoyable, and they bring about rapid and often dramatic improvements in academics and daily life skills.

In the 1970s, educator Paul Dennison, PhD, began building on this knowledge to create a group of movements that, with the collaboration of Gail Dennison, would become the Brain Gym® activities and the essence of the field of Educational Kinesiology (Edu-K).

As the field has developed, published studies and experience show that Edu-K produces measurable gains in physical and learning skills as well as academic performance and benefits people at all levels of daily life activities – from stress and behavioral management to athletic and musical performance.

For more information about Brain Gym® please visit: **Brain Gym International** [www.braingym.org](http://www.braingym.org)

**“I can see that all students, those with special needs and those without can benefit from the Brain Gym® program. The hands-on exercises that we are doing with a partner during class have convinced me that the exercises work to stimulate the brain as they stimulated my brain. They made me feel alert and relaxed.”**

**-Beena Raichura, Occupational Therapist**

# Course Logistics

## Dates:

**Time:** 8:30 am – 5:30 pm daily – 4 days  
(32 contact hours total)

**Location:** 23 Edgecomb Road, Binghamton, NY 13905

**Cost:** *Early Registration (2wks in advance) \$570*  
*General Registration \$600 Standard Fee*  
*Repeater Fee \$300 (No Manual)*

## NOTE:

***Brain Works Naturally is recognized by the New York State Education Department's State Board for Occupational Therapy and Physical Therapy as an approved provider of CEU credit hours for OT's, OTA's, PT's, PTA's***

## In addition:

- No prerequisite for this class - open to all.
- Fee includes BG101 manual (\$49.95 value) and Certificate of Completion
- Optional Graduate Credits available - 3 graduate credits through Worcester State University (\$400)

**Find out about becoming a sponsor and take the class for FREE!  
Call 607-797-9357 for details.**

# Registration for Brain Gym® 170

Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell \_\_\_\_\_

We would like to know who you are:

Parent  Student  Administrator  
 Teacher  OT  PT  SLP  Other \_\_\_\_\_

Years of Experience in your field: \_\_\_\_\_

I primarily work with this age group:

0-3  Early Elementary  Upper Elementary  
 Middle School  High School  Adult  Self

- I am enclosing full payment in the amount of \$\_\_\_\_\_\*
- I am enclosing a non-refundable deposit in the amount of \$100
- I am interested in earning 3 graduate credits from Worcester State University

## Instructions for Registration:

Print and fill out this form

Email to [janicefiore@gmail.com](mailto:janicefiore@gmail.com)

Please make check, money order or purchase order payable to Janice Fiore and mail to:

23 Edgecomb Rd.  
Binghamton, NY 13905

\*To purchase class by credit card, go to our SHOP  
→ Classes → Brain Gym 170 → Choose Class Date